

The most impressive thing about my stay in the UK was the warmth of the people and how they interact with each other. I strongly felt that human connections are an important part of daily life.

For example, my host mother often talked with many people in pubs and churches, even with those she had just met. Through this, I saw how open and friendly communication is in everyday life.

Another strong impression came from taxi drivers during my commute to school. One driver noticed I was from Japan and kindly started a conversation with me. I felt very welcomed and comfortable. I learned that small conversations can create warm connections.

Before this trip, I sometimes felt a distance when speaking with people I did not know well. However, people in the UK often spoke to me first. So, I gained the courage to greet and talk to others myself. And then, I realized that taking the first step to talk to others can lead to meaningful communication.

Before visiting the UK, I had a strong image of it as a country with rich nature and historical buildings. Of course, these can be seen in your smartphone. However, I realized that the warmth of the people is something you can only understand by actually being there and talking with them.

Through this experience, I learned the value of real human interaction and a broader perspective. I am truly grateful to everyone I met during my stay.

In the future, I would like to be more open in communication and create warm relationships with others, just like the people I met in the UK.

